

LEADING FROM THE INSIDE OUT: LEADERSHIP FOR COMPLEX CHANGE

Empower yourself to lead with authenticity, resilience, and adaptive skill — from any seat, at any level.
A 6-Part Virtual Training Series for Human Services, Behavioral Health & Community Professionals



KAGEN
LEADERSHIP
GROUP

TRAINING OVERVIEW

ABOUT THE PROGRAM

Leading from the Inside Out is a six-session training series that gives leaders the framework, skills, and tools to facilitate collaboration and drive transformation in complex environments -- especially when there is no road map. Offered through the Kagen Leadership Group, each session runs two hours and is available both virtually via Zoom and in person.

This is an honest, dynamic exploration of what leadership actually looks like in the real world. Cohort-based learning, between-session practice exercises, and ongoing follow-up support are built into the program to ensure lasting results, not just a one-time experience.

WHY CHOOSE THIS TRAINING

This is not a one-size-fits-all leadership seminar. It is a structured, progressive journey designed for the specific challenges of human services, behavioral health, and community-focused work:

- **Six-session progression** -- each session builds on the last, moving from self-awareness to leading others to driving systemic change
- **Small cohort size** -- personalized attention and peer accountability built into every session
- **Practical from day one** -- every concept is grounded in real leadership scenarios, not abstract frameworks
- **Flexible delivery** -- virtual via Zoom with small group breakouts, or in person, to fit your team's needs

WHAT YOU'LL LEARN:

The program moves through six interactive sessions, each focused on a distinct dimension of leadership:

1. **What Is Leadership?** -- Distinguish leadership from management and authority; build informal influence from wherever you sit
2. **Leadership Challenges** -- Understand the difference between adaptive challenges and technical problems; develop tools for leading through complexity
3. **Leading Myself** -- Strengthen presence, listening, and inquiry as core leadership practices
4. **Leading Change** -- Navigate values conflicts, diverse cultural worldviews, and how to reset when things go sideways
5. **Leading with Critical Thinking** -- Examine mental models, practice the Reverse View, and apply the Ladder of Inference
6. **Leading with People** -- Build psychological safety, create holding environments, and develop skills for giving and receiving **meaningful feedback**

WHO THIS TRAINING IS IDEAL FOR

Designed for professionals in human services, behavioral health, child welfare, and community-focused organizations — at any level, with or without a formal title — who are leading through complexity, uncertainty, and change.

READY TO BRING THIS TRAINING TO YOUR ORGANIZATION

Scheduling fills quickly — reach out today to reserve your cohort date.

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